

## Process to Become a Certified BodyTalk for Animals Practitioner (CBP-A):

The process to become a Certified BodyTalk Practitioner for Animals (CBP-A) is not difficult, but there are several steps. Once you have completed all the steps, you are eligible to take the CBP-A exam consisting of two parts: a written test covering materials presented in Principles of Consciousness (Mod 3) and BodyTalk for Animals (8a), as well as a practical examination, wherein the student demonstrates proficiency in applying the BodyTalk System protocol procedures and its techniques to animals. The passing grade for each part of the examination is 90%.



### Prerequisites for CBP-A Exam:

1. **Membership Requirement:** Be a Member in good standing with the IBA.
2. **Practitioner Requirement:** Be a CBP in good standing with the IBA.
3. **Course Prerequisites:** Have completed the following courses:
  - a. BodyTalk: Principles of Consciousness (Mod 3)
  - b. BodyTalk for Animals (Mod 8a) *or* BodyTalk Fundamentals for Animals and Humans (*now discontinued*)
  - c. *Recommended:* One Life Science Course (Mindscape 1 or BreakThrough 1)
  - d. Have monitored (re-taken) the following course:
    - i. BodyTalk for Animals (Mod 8a) *or* BodyTalk Fundamentals for Animals and Humans (*now discontinued*) – full attendance of the monitored course is necessary to meet the pre-exam requirement.
4. **Session Requirement:** Students must certify to the examining Animal Instructor that they have conducted a minimum of 50 BodyTalk sessions on animals, on a minimum of 10 different animals, without use of books, charts or notes. Students are to keep records of the sessions including the date, animal name, guardian initials (or assign a number for confidentiality), health complaints and any results noted immediately after the session and on follow up sessions.
  - a. Session notes are to be submitted to the testing instructor. In the IBA Member Downloads, there are *Session Note Templates* that can be used digitally or printed for handwritten notes. Handwritten notes must be legible. Please also refer to the document *How to Write Session Notes and Accepted Abbreviations*.
  - b. The examining instructor must begin reviewing student sessions notes well before the exam to provide feedback. Students should contact the examining instructor to discuss their preferences for submitting session notes. Once the review of session notes begins, half of the exam fee will be required. **If the student chooses to change instructors for the exam, the half down payment will be forfeited.** This down payment is to pay for the instructor's time for reviewing the sessions and any coaching involved. The instructor will mark the section on the exam cover page to confirm receipt and review of session notes.

- c. Students may take the CBP-A exam once they have completed 25 reviewed and approved sessions. However, certification will not be given until the remaining 25 sessions have been reviewed and approved.
  - d. If the student has taken MindScape or has previous training in distance sessions, it is left to the Instructor's discretion if they will allow a small number of the student's 50 animal sessions to be performed at a distance, rather than on a surrogate with the animal nearby. The majority of the submitted sessions must be done in-person to develop the clinical practice aspects of being a CBP-A.
5. **Fee Requirements:** The CBP-A examination fee that goes to the examining instructor is currently set at USD \$250 paid directly to the examining Animal Instructor. An additional USD \$50 processing fee is paid to the IBA upon passing. Written exams done remotely require a proctor, and any fees paid to the proctor are the responsibility of the student.
  6. **Adherence to IBA Policies and Procedures:** Before taking the exam, the student must have read and agreed to IBA Policies and Procedures in the IBA Member Downloads section.
  7. **Uphold IBA Code of Ethics:** Before taking the exam, the student must agree to conduct themselves in accordance with the IBA Code of Ethics, located here: <https://www.bodytalksystem.com/learn/IBA/Ethics/ethics.cfm>
  8. **Understand Requirements for Ongoing Certification:** To hold and maintain an active CBP-A certification, the CBP-A must:
    - a. Keep their IBA Membership active by renewing every year (automatic renewals are available).
    - b. Complete 32 hours of IBA-approved continuing education units (CEUs) in the BodyTalk System or Life Sciences every two years, starting from the date you passed your CBP-A exam. (Every IBA course lists CEUs hours in the course descriptions.)
    - c. Adhere to the IBA Code of Ethics.
    - d. Stay current on updates to the IBA Policies and Procedures.

#### Taking the CBP-A Exam:

1. **Exam Breakdown:** The CBP-A Exam consists of 1) a written test covering materials presented in Principles of Consciousness (Mod 3) and BodyTalk for Animals (Mod 8a); and 2) a practical examination portion either done in person or filmed and submitted on video, wherein the student demonstrates proficiency of: i) the intake form, ii) discussing the animal's health history, iii) properly applying the BodyTalk System protocol and procedures on the animal, iv) post-session discussion, v) follow-up session intake, and vi) the ability to describe additional specified techniques.
2. **Time Limits:** Guidelines for exam time limits are as follows: 75 minutes for the written portion and 1 hour for the video practical. Exceptions to these guidelines and appropriate accommodations can be made for students with learning disabilities.
3. **Exam Proctoring:** Because the CBP-A exam is allowed to be conducted remotely, the written portion of the exam requires that the exam be administered by a proctor. It is the student's responsibility to find a local proctor or testing service, pay any required fees, and supply a

postage paid, pre-addressed envelope to the proctor to be sent to the supervising instructor immediately upon exam completion.

4. **Video Submission:** Because the practical component of the CBP-A exam is allowed to be filmed and submitted via video, it is the student's responsibility to acquire and cover any expenses for equipment that may be required to submit a video that can be clearly seen and heard. Prior to filming the session and other requirements, the student must film the space in which they are treating to demonstrate that there are no visible charts, books, manuals, or notes.
5. **Exams Are Done Individually.** There are to be no group exams.
6. **Grading.** The written portion of the exam must have a passing grade of 90 percent. For the practical portion of the exam there will be a list of items the student must address. Each item will have an assigned point value. When viewing the practical portion in person or on video, the instructor will determine if all or only a portion of the points were earned for each item. The practical must have a total passing grade of 90 percent.
7. **Age Restrictions:** There are no age restrictions in taking the Fundamentals exam. However, the legal age to provide treatment or practice as a CBP-A may vary across states or countries, therefore it is the individual's responsibility to be aware of those requirements.
8. **Exam Failure:** When students fail one part of the CBP-A exam, they must re-do the entire exam (both written and practical). The full exam fee must be paid each time the exam is taken.
  - a. **Note:** Because grading of the practical portion of the exam allows for some subjectivity, it is up to the examining instructor's discretion if, rather than failing a student who received slightly less than 90 percent, they decide to have a follow up discussion and allow the student to re-do a portion of the practical (either done immediately in person or to be submitted on video).
9. **Final Certification:** Once all prerequisites are met and the exam has been passed, the trainee and instructor must fill out the CBP-A Exam Cover page and the trainee must complete and sign the CBP-A Agreement form. Once these forms and the \$50 processing fee have been submitted to the IBA, the Certified BodyTalk Practitioner for Animals (CBP-A) title and certificate will be given.
10. **Maintaining Certification:** As stated above, to maintain active CBP-A certification, you must remain a Member of the IBA, complete your 32 hours of IBA-approved CEUs every two years, and adhere to the IBA Code of Ethics.