

EXAMINATION OF THE EFFECTS
OF
THE BODYTALK SYSTEM
AT A DISTANCE
ON TRAUMA BEHAVIORS
IN CAPTIVE TROPICAL BIRDS

By

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ABSTRACT

This study examines the effects of the BodyTalk System, an Energy Medicine distance healing modality, on trauma behaviors in captive tropical birds, in an exotic bird sanctuary. Effective application of Spiritual Healing/Energy Medicine techniques such as the BodyTalk System have demonstrated the ability to reduce pathological stress behaviors caused by emotional trauma and to improve states of well-being for both humans and animals. Spiritual Healing/Energy Medicine distance healing is an attractive modality for the economical treatment of captive animals. Stress behaviors of treatment (n=35) and control (n=34) groups were measured before and after courses of remote healing treatments. Findings indicate a statistically significant drop in the mean trauma scores of the treatment group $t(35) = 2.682, p = .01$. The control group change was not statistically significant. Conclusions, clinical implications, and future research directions are presented.

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