



Arthritis



Arthritis Defined



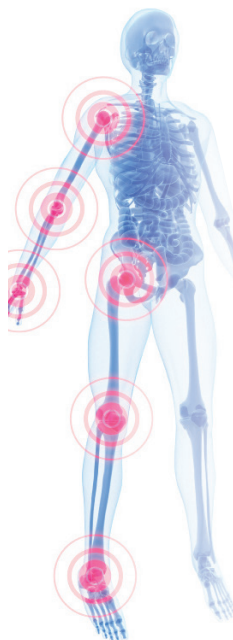
Arthritis is inflammation of the joints.

Several common types of arthritis are Osteoarthritis, Rheumatoid Arthritis, Gout, Lupus, and Ankylosing Spondylitis.

BodyTalk discloses and works with the underlying causes of any type of arthritis rather than diagnosing the disease. As always, BodyTalk uses the body's natural self-repair mechanisms to facilitate healing, re-establishing lines of communication in the body that have been blocked. Sometimes the breakdown in the body's internal dialogue that brought on the arthritis occurred many years ago, yet is only now causing discomfort.

BodyTalk approaches the entire condition from many different angles:

- The buildup of uric acid crystals around the joints (gout) can be addressed using the digestive and metabolic systems.
- Balancing the client to barometric pressure can help the body adjust to a difficult climate.
- An old injury or accident can be storing trauma or emotions, release of which can help relieve a client's symptoms.
- Parts of the body can be addressed through their consciousness. Arthritic knees, for example, can be addressed through the consciousness of knees: fear of walking forward in life.
- The belief systems that dictate the rules by which we run our lives can affect the body. An over-rigid belief system may cause stiff joints. Releasing the belief system in question also releases the stiffness.





BodyTalk is **Whole**Healthcare

The BodyTalk System is designed to address the “whole person”. This means that no aspect of the human experience can be overlooked, whether it is emotional, physical or environmental. BodyTalk was developed as a whole-healthcare system that supports and promotes the wellbeing of any person, animal, or plant.

As WholeHealthcare, BodyTalk understands the profound influence the psychology of the body has on our health. Instead of focusing on the symptom, BodyTalk finds the underlying causes of illness by addressing the whole-person and their unique-story.



International BodyTalk Association
2750 Stickney Point Road, Suite #203
Sarasota, Florida USA 34231

Phone: +1.941.921.7443
Toll Free (US Only) 1.877.519.9119
Fax: +1.941.924.3779

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