BodyTalk

Migraines

Severe, periodic headaches that affect one side of the head or both. The causes of migraines are complex, varying for each client. Often, several factors have accumulated and compounded over the years.

Based on Traditional Chinese Medicine, BodyTalk looks at migraines in terms of energy. Because all the acupuncture meridians simultaneously move upwards towards the head, when this energy becomes stagnant in the head, clients feel enormous pressure there. They won't want to be touched, they may experience nausea, and lights or sounds can be disturbing.

The main factor in migraines is stress or trauma, which block lines of communication within the body. BodyTalk addresses this factor by restoring the communication. Other common factors in migraines are:

• Food Intolerances
• Hormonal Imbalances
• Menstrual Issues
• Emotions
• Memories with some emotional charge

BodyTalk takes all the factors into consideration. It is truly a holistic modality that recognizes the interdependence of all systems within the body/mind.

BodyTalk is
WholeHealthcare

The BodyTalk System is designed to address the "whole person". This means that no aspect of the human experience can be overlooked, whether it is emotional, physical or environmental. BodyTalk was developed as a whole-healthcare system that supports and promotes the wellbeing of any person, animal, or plant.

As WholeHealthcare, BodyTalk understands the profound influence the psychology of the body has on our health. Instead of focusing on the symptom, BodyTalk finds the underlying causes of illness by addressing the whole-person and their unique-story.

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