Summary: Five Senses Technique

Assume you have asked through the Protocol to get to 5 Senses:

1. **Five Senses a Priority?**
   - Yes: Continue with “Further Details?”
   - No: You are working with all 5 senses. Continue with “Further Details?”

2. **Further More Specific?** (Find the specific sense: Smell, Touch, Sight, Taste, Hearing)
   - Yes: Physical or subtle?
   - No: Orientation Definition Subsession (if Pathological Consciousness, use the Pathological Consciousness chart)

3. **Further Details?**
   - Yes: Orientation Definition Subsession (if Pathological Consciousness, use the Pathological Consciousness chart)
   - No: Anchor to individuation? Or anchor to brain?

   - Yes: Link?
     - Yes: Follow the normal procedures.
     - No: Implementation?
       - Yes: Tap out?
         - Yes: Indicate the sense(s), indicate the anchor/links, and tap over the head and sternum.
   - No: Continue with “Further Details?”
**Summary: General Consciousness Technique**

Assume you have asked through the Protocol to get to Consciousness:

1. **Consciousness a Priority?**
   - Yes
   - **Further More Specific?**
     - Yes
     - **General?**
       - Yes
       - **Further More Specific?**
         - Yes
         - (Find the specific consciousness state: Separation, Time, Fear/Guilt, Individuation)
         - No  
           You are balancing the Big 4. Continue with “Further Details?”
         - No
           Continue with “Further Details?”
       - No
         Continue with “Further Details?”
     - No
   - **Further More Specific?**
     - Yes
     - (Find the specific keyword or statement)
     - No
     - **Further Details?**
       - Yes
         - Keep refining the concept.
       - No
     - **Further More Specific?**
       - No
     - **Further Details?**
       - Yes
         - **Orientation**
         - **Definition**
         - **Subsession**
       - No
         **Anchor to individuation? Or anchor to brain?**
         - Yes
         - Follow the normal procedures.
         - No
           **Link?**
           - Yes
             Hold one finger (or 4 fingers for the Big 4) over the head to indicate the consciousness state, indicate the anchor/links, and tap over the head and sternum.
           - No
             **Implementation?**
             - Yes
               Hold one finger (or 4 fingers for the Big 4) over the head to indicate the consciousness state, indicate the anchor/links, and tap over the head and sternum.
Summary: Pathological Consciousness Technique

Assume you have asked through the Protocol to get to Consciousness:

Consciousness a Priority?
  Yes ↓
  Further More Specific?
    Yes ↓
    General?
      No ↓
      Pathological?
        Yes ↓
        Further More Specific?
          Yes ↓
          (Find the Organ, Endocrine or Body Part that will give you the priority consciousness state)

Further More Specific?
  Yes ↓
  Find the more specific anatomical structure.

Further More Specific?
  No ↓
  (If the consciousness state can be found on the Pathological Consciousness chart, find the keyword. If it is not, then you will need to use your intuition!)

Further More Specific?
  No ↓
  Further Details?
    Yes ↓
    Orientation
    Definition
    Subsession

Anchor to individuation? Or anchor to brain?
  Yes ↓
  Link?
    Yes ↓
    Follow the normal procedures.

Implementation?
  Yes ↓
  Tap out?
    Yes ↓
    Hold one finger to indicate the consciousness state over the Organ, Endocrine or Body Part, indicate the anchor/links, and tap over the head and sternum.

Pathological Consciousness as the First Item in a Subsession

When you are doing a subsession on an Organ, Endocrine or Body Part, and your first item in the subsession is Pathological Consciousness, go to the Pathological Consciousness chart to find the priority keyword for that Organ, Endocrine or Body Part. The link is usually an anchor to individuation or the brain, but it can be to anything on the Protocol chart.
Summary: Natural Consciousness Technique

Assume you have asked through the Protocol to get to Consciousness:

Consciousness a Priority?
  Yes

Further More Specific?
  Yes

General?
  No

Pathological?
  No

Natural?
  Yes

(Find the Organ, Endocrine or Body Part whose natural consciousness is the priority.)

Further More Specific?
  Yes

Find the more specific anatomical structure.

No

Further Details?
  Yes

Orientation

Definition

Subsession

No

Anchor to individuation?
Or anchor to brain?

Link?
  Yes

Follow the normal procedures.

No

Implementation?
  Yes

Tap out?
  Yes

Hold one finger to indicate the Natural Consciousness of the Organ, Endocrine or Body Part, indicate the anchor/links, and tap over the head and sternum.

Natural Consciousness as the First Item in a Subsession

Natural Consciousness may come up as a subsession on an Organ, Endocrine or Body Part. This will most often anchor to the brain or rarely could anchor to anything in the Protocol Chart.